



# THE POTOMAC DISCOVERER

**MONTHLY NEWSLETTER OF THE KNIGHTS OF COLUMBUS  
POTOMAC COUNCIL #9259**

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## Meeting Times

**Officers Meeting: Second  
Thursday of each month, 7-8 p.m.**

**Council Meeting: Fourth Thursday  
of each month, 7-8 p.m.**

## Where are we?

We meet in the basement of St.  
Francis of Assisi Catholic School.  
18825 Fuller Heights Rd., Triangle,  
VA. 22172

**Until further notice, meetings are  
held by Webex:**

**<https://troyadagostino.my.webex.com/meet/tadagostino>**

**Dial in options will be sent by  
email with meeting reminders.**

## Join us

We are always looking for Catholic gentlemen 18 years or older to help our mission of Faith, Community, Life and Charity. It is great for you and your family to participate and you can participate at a level you are comfortable with.

## Recent Events

### March for Life

The March for Life 2021 was held on Friday, 29 January in a hybrid format, with a small group of leaders in the pro-life movement marching in-person in Washington, D.C., and thousands participating virtually. The entire event was live-streamed.

Special thanks to our Worthy Deputy Grand Knight Paul Ross, who served as a Marshal for the march in D.C.



We look forward to a return to the in-person event in 2022. Please follow the March for Life website for news and updates. <https://marchforlife.org/>

### Novena for Life



In preparation for the March for Life, the Potomac Council held a Novena for Life from 21-29 January. I hope that you all were able to participate in the daily prayer and reflection with the intent of achieving the vision of a Culture of Life.

## **Polar Plunge**

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The Potomac Council raised \$586 during the 2021 “Plunge Your Way” Polar Plunge, contributing to the good works of the Virginia Special Olympics. Thank you to all that participated and contributed to this excellent cause.

Although the Plunge is now in the books, you can always contribute to the Special Olympics Virginia, the largest sporting event for our brothers and sisters with intellectual disabilities in Virginia, by visiting the website here: [Donate | Special Olympics | Support Special Olympics.](#)



## **State Mid-Year Meeting**

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Grand Knight Alex D’Agostino attended the Knights of Columbus Virginia State Council Mid-year Meeting on 16 January. Among the many topics discussed, we paid special attention to recruiting and membership and discussed the importance of communications and staying in touch. This is consistent with our efforts to Leave No Neighbor Behind, to maintain connections among Brother Knights during this isolating time, and to continue to share the opportunity to join and serve with fellow Catholic gentlemen. Please make every effort to refer your friends and acquaintances that would benefit from, and contribute to, the Knights of Columbus.

The upcoming Annual State Convention is currently planned to be held at the Dulles Hyatt Regency on 30 April to 02 May, but plans may be adjusted to a virtual event to ensure safe and healthy conditions. More information will be distributed to the Council as we learn more.

Information about the expansion of financial services offered by the Knights of Columbus was discussed. I encourage everyone to spend time getting to know our new offerings. Please contact Martin Alordzinu at [martin.alordzinu@kofc.org](mailto:martin.alordzinu@kofc.org) for more information.

## **Knight of the Month**



Please join in congratulation our Deputy Grand Knight, Paul Ross, for being our Knight of the Month for January 2021! Paul’s efforts in support of the March for Life exemplify our commitment to the Culture of Life.

Congratulations Paul!

## Upcoming Events

### Virtual Stations of the Cross



Our Parish will be hosting a virtual Stations of the Cross during Lent. The event coordinators are seeking 14 families to volunteer and video them reading one station of the cross. These will be compiled into one video and placed on the parish website for parishioners to view. If you are interested, please contact our Family Programs Coordinator, Steve Matias, at [srisys6@verizon.net](mailto:srisys6@verizon.net).

### Upcoming Virtual Exemplifications of Charity, Unity, and Fraternity

The Virginia State Council will host virtual Exemplifications of Charity, Unity, and Fraternity on the second Tuesday and fourth Thursday of every month for the remainder of the fraternal year starting Thursday, January 28. All exemplifications begin at 7:00 pm, and candidates and observers should join about 6:45 pm. Following are the virtual meeting links to share with your council's candidates and observers:

- Second Tuesday of the Month (next Tuesday degree is February 9):  
<https://meeting.windstream.com/meeting/register/1c298e970fc43e46c233ce85f6087199>
- Fourth Thursday of the Month (next Thursday degree is February 23):  
<https://meeting.windstream.com/meeting/register/292e4d199a38b6cb6ea29c12d3679dd3>

The degree is open to all new and online members who want to join your council and existing members who want to advance to the Knighthood (Third) degree. Family members and friends are welcome to observe the degree with candidates.

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## Chaplain's Corner

Few times in the liturgical year call us to reflect on transformational change like Lent leading toward Easter. Springtime is lush with rebirth, new beginnings and new growth. Too often, however, we want to race to the Easter Resurrection without fully embracing the Lenten process that leads there. The desert days of Lent is the true path toward spiritual transformation. There is a compelling metaphor that help us embrace the wilderness and prevents us from racing to Easter. It is the metaphor of the seed (Matthew 13). Seeds require a rich, healthy environment in which to grow. This applies to the environment in which to grow as disciples. There must be an ongoing flow of comfort and security, challenge and inspiration, learning and service. Without such an environment, discipleship growth is stunted, stagnant, or dead. My dear brothers, during this time of Lent that we will start on February 17th with Ash Wednesday, let us create an environment for our spiritual formation through prayer, study, worship, fellowship, and service. May the Lord give you always His peace.



## News and Links of Interest

### St. Francis of Assisi Parish

The parish is moving rapidly toward the use of a new contact system called Flocknote. The purpose is to have a way to notify parishioners in various ministries quickly either by mass text or email, and to share the information across the ministries. More information will follow in the near future about the roll-out of Flocknote.

### Knights of Columbus News

The Knights of Columbus has elected a new Supreme Knight, Patrick Kelly. Read about his assumption of this responsibility here: [Knights of Columbus elects next Supreme Knight | KofC.org](#)

### News from the Arlington Diocese

Find the latest news releases from the Arlington Diocese here:

<https://www.arlingtondiocese.org/pressreleases/>

## Prayers

Please remember those suffering from the novel coronavirus both physically, mentally, and economically.